ART OF LIMITLESS LIVING 006 SYNTHESIS, CURIOSITY, NEW MAPS

Excerpts from THE ART OF LIMITLESS LIVING by Melissa Joy Jonsson

Quantum physics explores an unknown future of probability states. Quantum entanglement experiments reveal that particles can instantaneously communicate over infinite distances. This is a model of a world in which everything is connected.

At a subatomic level, the reason electrons are able to communicate with each other from thousands of miles away is because they are not separate. Quantum physics challenges our basic ideas about space-time. Relativity from a quantum physics perspective reveals a realm of possibilities.

This is also a realm of the mind in which probabilities can be explored before they fully actualize as experience. We can traverse the past via memories and explore the future through imagination. - Pg 176

Consider that that hidden fifth dimension, too small to measure and too vast to quantify, can possibly be found without measuring devices and mathematical computations. The hidden dimension is found in the field of the heart.

The field of the heart is the gateway to infinite potential and infinite expression, as well as infinite dimensions, beyond the realities we can see and measure into the realm of the unknown. The heart-field is where predictability meets boundless possibility.

The heart-field is the timeless transformative treasure that moves us beyond past experiential patterns of linear time into the holofractal realm of new patterned potentials; we are able to move up, down, right, and left, any which way in all dimensions, esoterically and practically, for they are one and the same from the field of the heart. Vertical and horizontal awareness meets perpendicular planes of possibilities simultaneously. - Pg 177

Moving toward concrescence entails our ability to see truth in all models. Moving toward concrescence will entail our ability to occupy multiple perspectives simultaneously. Concrescence at the collective level begins with concrescence at the individual level.

So are things really falling apart, or are they coming together in a new way?

Everything at the collective level is moving toward integration. The historic split between mind and body has melded. Wave particle duality has been resolved. Science and spirituality are merging, and even separate masculine and feminine constructs are evolving in an integrated, holistic manner. There is an emergence of synthesis.

Synthesis at the individual level is the full recognition and embodiment of our infinite potential with infinite expression; this is a culmination of spirituality with practicality, heart with mind, intuition with logic, limitlessness with limitation.

An integration of all aspects of self creates a powerful trajectory for transcending the perceived limitations of duality as reality, to access our full inherent potential.

From the boundless state to the fully formed, from illusion to reality, from wave to particle, it is the embracing of the seemingly disparate polarities and the integration of it all that propels us forward with a momentum that is unstoppable. - Pg 179

Fluid Boundaries enable us to move beyond duality toward integrating polarities. Through Fluid Boundaries, we can recognize that dualized realities split issues so one side cannot see the humanity of the other side.

Conversely, polarized sides are still in resonance, as they are interconnected as extensions of unity expressing via a perspective. Polarities often provide a balance for coherence, whereas dualities provide a battle for dominance.

Through Fluid Boundaries, we are able to access the full circumference of possibilities by reconciling perceived opposites within ourselves as well as those we come in contact with.

Our resonance is not fixed to one singular perspective, nor are we diametrically opposed to anything we encounter.

Fluid Boundaries move us beyond the neutrality of the heart into accelerated gear so we may take actions moving forward that are aligned with the callings of our heart, from a space of inclusion and completion. - Pg 183

A movement toward concrescence is a movement of integration from a space of completion. Anything that divides, even with revelatory aspects, ultimately disempowers everyone.

There is currently emphasis on revealing 'truths' about 'lies' perpetuated by a power elite attempting to maintain surrogate control of the masses. At the collective level, consider that any us-versus-them mentality serves to further segregate people.

Many of these 'truth-out' organizations (and members) are committed to revealing a deceptive fog that has hovered heavily in our atmosphere, permeating reality with fields of fear, lack, and limitation.

Although these people are focused on sharing the so-called truth about these deceptions, they may not realize that any recognition of conspiracy theories revealed from a space of division serves to further segregate consensus reality into dualistic states.

Therefore, these truth-out ambassadors actually become conduits of the very powers they are seeking to take down (all the while binging on the dopamine surge fueled by the antagonism). Anything that divides disempowers us all....

When we get our own house in order, uniting the polarities within ourselves, the need to reveal dualistic sides outside ourselves will be replaced with an embodiment of integrated unity within.

Embracing the shadows and delusions of confusion from the space of unity and heartcentered awareness will allow for resonant recognition of that which is not truth, but more importantly will attract more truth-seekers unto itself.

Even the new age movement that is purportedly committed to waking up the planet may be approaching the awakening from a state of superiority and division between 'we who are awake' and 'those who slumber.'

Any time we approach reality with a consciousness of dualism, it will actually create a mitotic environment that continues to further subdivide. Therefore, embracing both sides of the polarity, as expressions of one, is the key to opening portals of unity.

How many perspectives can we hold in any given moment? The answer is infinite; the one as many. - Pg 185

Open-ended questions provide for a natural movement in awareness from where we are now to where we want to be.

Experience curiosity as a powerful, transformative way of relating. The question is the answer, and that answer rests within our hearts, awaiting recognition.

Curiosity cultivates new maps for unity, love, and connection amid contrast and distinctions. Connect to curiosity....

How we choose to navigate from here is entirely our choice. Our hearts know exactly what to do to create new maps and new distinctions. Connect to the heart of it all and map the experience of limitless living.

Go forth with curiosity and create new heart-prints one choice at a time. Just choose. In-Joy! - Pg 202