

BEING A WHOLE HUMAN

[HOME](#)[ABOUT](#)[EMBODIED](#)[CARDANO](#)[BLOG](#)

<https://www.wholehuman.emanatepresence.com/>

When the paid hosting service for this website, personally funded for 7 years, expires in January 2023, the URL will change to <https://www.wholehuman.emanatepresence.weebly.com/>

January 8, 2023

The revision date is the version number.

RELATED WEBSITE PAGES

[ELEMENTS](#) / [GEOMETRY](#) / [GROWTH](#)

[NEURO](#) / [ONE](#) / [PEACE](#)

[PLASMA HEAVEN](#) / [SOUL](#) / [TAO](#) / [TRUST](#)

BLOG POSTS

[BIOGEOMETRY](#) / [EMBODIED PEACE V17](#)

[EMBODIED PEACE V17G](#) / [ELEMENTAL PEACE](#)

[CHINESE PHILOSOPHY](#)

POWERED BY **weebly**

Are you a person who is not in a state of inner peace? With that ideal being 10, on a scale of 1 to 10, how would you rate your current state of inner peace?

Knowing one's baseline can be useful for gauging current personal states. With Asperger's and misophonia, high levels of anxiety and agitation have been my baseline for a lifetime, so seem 'normal'. Moments of inner peace, sometimes extending to a day, have given me a dramatic contrast to the norm with a release of tension to ease, flow, connection, harmony, confidence and compassion.

Sometimes the brain is easily triggered to be in un-peace, and needs to be trained to return to peace. Speaking peace to a dysfunctional brain and calming it like a stormy sea, increases one's power of inner peace. It's generally more effective to catch un-peaceful thoughts and emotions early to prevent dysfunction than to return to peace from a full rage. The '[Embodied Peace](#)' mantra/meditation builds muscles for handling the storms and experiencing who I really am.

A perspective can only be as complete as the awareness is expanded. Living from inner peace with more expanded awareness and rounded perspectives, beyond neurology and stories of conditioning, is my primary quest. I cannot say what is the benefit of this for anyone's life, as each of us does with what's given us as we will.

In one stage of my life, gaining knowledge was my primary focus. In another, a hunger for diverse and out-of-the-box experience motivated me. Now, inner peace strong enough to withstand all daily storms is pre-eminent.

Calmness is one thing, stillness another, when measured as brain signals. Inner peace is something else entirely when measured by one's reaction or response to triggering stimuli. One who is truly peaceful (not just trained, conditioned or masked to appear so) in the midst of the most trying circumstances has embodied peace. The anchor of such a one is constant felt connection with Source.

Intellectual peace is empty and meaningless, social peace superficial, and peace activism a contradiction of terms (fighting for peace). Embodied peace, however, is the single thing most needed by humanity to advance, as whole human beings.

My views have developed over a lifetime and are informed by experience and the unique perspectives of an Asperger's brain. Sources which contribute to '[Embodied Peace](#)', mentioned on the website in other places, are wide-ranging.

For example, I have read from the Nag Hammadi scrolls in '[A New New Testament](#)' and also am moved and inspired by 'The Chosen' series* with a more traditional outlook. More about this in [EMBODIED PEACE V17G](#) (blog posts).

To me, God/Goddess is an abstract concept. When personalized, the mental fabrication forms into belief and dogma. God is real, but not as humans suppose. Apparent separation from God by religion is a function of neurology and conditioning. Faith reaches beyond appearances and sees that in truth, supported by **plasma physics**, We are One Being.

The '**Embodied Peace**' **meditation/mantra/invocation** strengthens the experience of inner peace in daily life.

BLOG POST: <https://www.wholehuman.emanatepresence.com/blog/an>

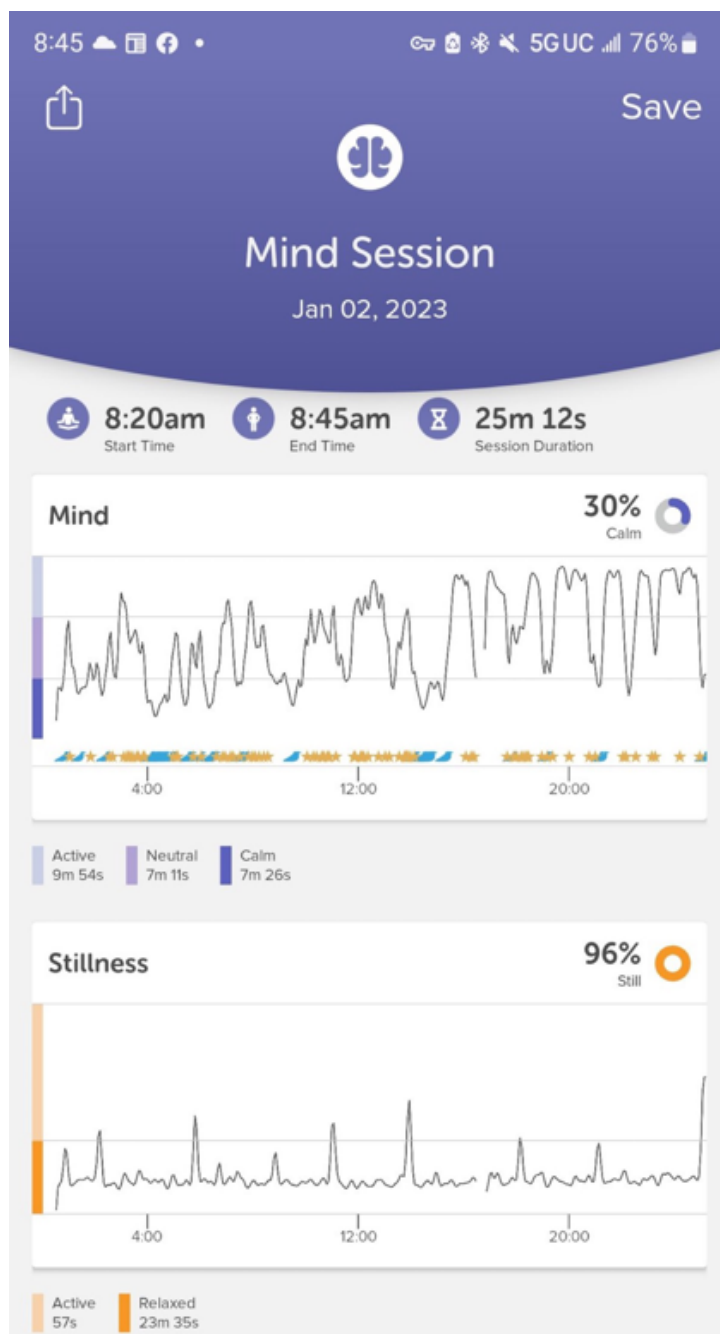
WEBPAGE: <https://www.wholehuman.emanatepresence.com/embodied.html>

YOUTUBE: <https://youtu.be/bXK0Ea1f3sM>

In the slideshow below are screenshots from a Muse meditation, and web pages from The International Community of Christ and the Inner Peace Fellowship, which fit with the above post.

I have experienced the International Community of Christ and Inner Peace Fellowship and believe they may be fraudulent. In the past, I have interacted with representatives from these organizations and found their motives and history to be hidden, as well as their use of psychoactive drugs to be covered up. I am learning to trust my intuition and be less reliant on reason and logic. When I have a feeling to back off from something or leave it alone, I am more likely to listen to my inner sense and accept that it is not for me.





RELATED POSTS ON WHOLE HUMAN

[A NEW NEW TESTAMENT NT001](#)

[A LETTER FROM GARY TO HAL NT002](#)

[RECAP OF WEEK 30, 2021 NT003](#)

[RECAP OF WEEKS 32-33, 2021 NT004](#)

[REPOSING IN THE FULLNESS NT005](#)

[O SPHERE OF LIGHT](#)

