

ENDgame™ Summary by Emanate Presence

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No advice is given herein.

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In metaphor, who I am has three primary colors, with many gradients in-between: the neuro-me (my human interface), the intermediary me (soul), and the universal Self/non-self. The neuro-me and soul are here to embody the most complete complex of frequencies possible, which I call the Eternal Flame, the Source I Am.

ENDgame: A Self-Customizable Tool of Contemplation, Divination and Meditation assists whole human evolution by communicating across the spectrum of consciousness.

With a daily single roll of dice, ENDgame™ can over time deepen one's feeling of connection and communication with the inner compass (also called the higher self, intuitive feelings, Eternal Flame, Source I Am, etc.) — according to the player's access to higher consciousness, which is non-hierarchical and can be expanded with dedicated practice.

Extensive research had been applied to the development of ENDgame™, drawing on experience, intuitive feelings and multiple sources with assistance from ChatGPT (Open A.I. Assistant). Because information comes from various traditions and systems, there are some overlaps and apparent contradictions e.g. sound correspondences. This is a pioneering game, and experimentation is encouraged. By rolling a die rather than making a personal choice, the meditation can be guided from a more complete perspective of consciousness, and exercise faith. For more information and in-depth details (such as the cultural sources, expanded suggestions, and terminology used), please refer to the Whole Human website.

One dodecahedron twelve-sided die (available online or from Emanate Presence) and these information pages are all that's needed to begin. A notebook for journal-keeping, a Text-to-Voice App, e.g., Voice Dream Reader (for customizing audio meditations) and other items are optional.

The Source I Am includes everything, and no-thing can be outside the One Being of consciousness. Within its waves and particles are resonance and dissonance — and in human awareness there are appearances of communion with, or separation from, the Whole. At the extreme end of the spectrum of apparent separation are what some call the dark and evil ones of humanity. The wisdom of Love for Love Itself alone discerns whether justice or mercy best serves. Until this point in the timeline of humankind on earth, few have embodied the Source I Am to the fullest realization of potential — with the evidence of the quality of actions in daily life. At this crossroads of awakening into greater awareness, new possibilities are opening.

Active information is a term used in the ENDgame, and a central piece of the unique approach of this meditation practice which includes receiving active information from higher consciousness. Another unique aspect of the ENDgame as a personal development practice is rolling a die to determine the frequencies and download for the day (more below). Each player may conceive of and approach this differently. For me, it means yielding to the higher intelligence of my being on the way to integrating all my aspects.

An attitude of exploration, experimentation, self-reflection, playfulness, and desire to evolve are helpful when 'playing' the ENDgame. Feel free to contact Emanate Presence with questions, comments, and insights.

<https://www.wholehuman.emanatepresence.com/end.html>

Example of a consecrated intention before rolling the die

The unusual punctuation allows pauses in the audio version, when using a natural voice synthesizer. Feel free to substitute with other words — whatever works best for you.

"Source I Am, guide these dice, as they are rolled, for the Endgame. My focused presence, and heart-centered intention, is to be a constant sun, of confidence, and compassion. Reveal to me, what elements, numbers and body energies, will help balance my whole human experience, today. I release all useless, old information that hinders me, from healing myself. I allow, healing to take place in my body-mind. I request the active information, from a more complete perspective of consciousness, which will deepen my embodiment, of the Eternal Flame, the Source, I Am. I receive all downloads, of active information, from the highest self/non-self, with gratitude."

Suggestions for receiving a download after the roll of the die:

Visualize the color and breathe it in. Listen to the tone online, and reflect on the symbolic meanings over the day. When drawn, look further into the symbolic correspondences as they are very rich and illuminating. Hear the inner voice, and incline towards deepening your connections to the subtle realm. Let go of expectations and mental control, and choose faith instead. Even faith in faith itself is powerful.

One set that can structure a session:

- On a yoga  mat (so can move into stretches afterwards), say or play the consecrated intention and roll the die.
- Read the symbolic correspondences for the number from this page and receive downloads of active information.
- Light a candle and follow the Eternal Flame  meditation or another of your choosing, while breathing the color.
- Do a yoga routine of your choice, with gratitude. Following intuitive feeling, listen to tones or music of the number frequency.
- Throughout the day, look and listen for messages from higher consciousness, and keep a journal .

Online Tone Generator: <https://onlinetonegenerator.com/>

### Integrating Frequencies

Certain sound frequencies are believed to have the ability to bridge between or integrate lower and higher vibrations. These frequencies are often referred to as "sacred frequencies" or "healing frequencies" and used in various spiritual and healing practices. Some examples of such frequencies include:

1. 432 Hz - this frequency is believed to be the natural frequency of the universe and is said to

have a calming and healing effect on the body and mind.

2. 528 Hz - also known as the "Love Frequency", this frequency is believed to promote feelings of love, compassion, and well-being.

3. 639 Hz - this frequency is said to enhance communication, understanding, and connection with others.

4. 741 Hz - this frequency is believed to help with spiritual awakening, intuition, and inner knowing.

5. 852 Hz - also known as the "Third Eye Frequency", this frequency is believed to stimulate the pineal gland and promote spiritual insight and intuition.

It is suggested to test several frequencies, as their effect will be different between persons and according to variables of environment and inner states.

## Number 1

The number 1 is often associated with confidence, strength, and self-sufficiency, representing the creative source of all existence. In tarot, the number 1 is linked to The Magician card, which represents manifestation and creative power. Astrologically, the number 1 is associated with the Sun, which is considered the center of the universe and represents vitality, confidence, and creativity.

The element associated with the number 1 is void or emptiness, representing balance between polarities and potential for creation. This concept is found in many spiritual traditions, such as Taoism, where emptiness is seen as the source of all existence. In tarot, the element of void is represented by the Fool card, which represents the beginning of a journey and infinite possibilities.

In traditional systems, the first chakra is known as the root and located at the base of the spine. In the ENDgame, however, the orientation is from above, and the first energy center (one of two unitive chakras above the head) is located above the crown. It is associated with the number 1 and represents oneness, undifferentiated consciousness, and the unity of all things. In astrology, the first house is also associated with the number 1 and represents the self, identity, and the physical body.

The color associated with the number 1 is black, which represents beginnings, darkness, mystery, and the unknown. In tarot, the color black is often associated with the death card, which represents transition and transformation. It is also associated with the High Priestess card, which represents intuition and the hidden mysteries of the universe.

The sound associated with the number 1 is stillness or silence, representing the emptiness from which all creation arises. In numerology, the number 1 is associated with frequencies of 396 Hz and 426.7 Hz, which are said to stimulate creativity, intuition, and spiritual awareness.

## Number 2

The number 2 is often associated with adaptability, partnership, and balance. It represents the separation of one into two, and the importance of finding harmony between two opposing forces. In tarot, the number 2 is linked to The High Priestess card, which represents intuition, balance, and duality. Astrologically, the number 2 is associated with the Moon, which represents emotions, intuition, and the feminine principle.

The element associated with the number 2 is light, which represents awareness, consciousness, and vitality. It is the divine presence that illuminates the path of the seeker. In tarot, the element of light is represented by the Sun card, which represents enlightenment, vitality, and joy.

The second chakra is known traditionally as the sacral, but in the ENDgame it is the second

unitive chakra from above the crown. It is unitive as a stepping center between lower and higher vibrations, the physical and spiritual, the temporal and eternal. In astrology, the second house is also associated with the number 2 and represents personal resources, values, and possessions.

The color associated with the number 2 is white, which represents purity, surrender, and neutrality. It can also represent cleanliness, innocence, and mourning. In tarot, the color white is often associated with the Fool card, which represents new beginnings, and The World card, which represents wholeness and completion.

The sounds associated with numbers 1 and 2 in the ENDgame are the integrating frequencies listed above: 432 Hz, 528 Hz, 639 Hz, 741 Hz and 852 Hz. See above for specific applications.

### Number 3

The number 3 is often associated with birth, life, and death; representing completion, equilibrium, understanding, and self-expression. In tarot, the number 3 is linked to The Empress card, which represents fertility, creativity, and abundance. Astrologically, the number 3 is associated with the planet Jupiter, which represents expansion, growth, and wisdom.

The element associated with the number 3 is aether or spirit, representing the animating force that connects all things with the divine. In tarot, the element of aether is represented by The World card, which represents wholeness, completion, and connection to the universe.

The crown chakra, also known as the seventh chakra or sahasrara, is associated with the number 3 and represents the connection to spirituality, communion, and higher consciousness. In astrology, the third house is also associated with the number 3 and represents communication, learning, and intellectual pursuits.

The color associated with the number 3 is purple, which represents creativity, imagination, and sensitivity. It can also represent the integration of heaven and earth, royalty, and spiritual enlightenment. In tarot, the color purple is often associated with The High Priestess card, which represents intuition, wisdom, and spiritual knowledge.

The sounds associated with the number 3 are 288 Hz, 528 Hz and 880 Hz, which are said to stimulate the crown chakra and promote spiritual awakening, inner harmony, and connection to the divine. They are also believed to help with meditation and relaxation.

### Number 4

The number 4 is often associated with consistency, discipline, home, the physical world, calmness, and foundation. In tarot, the number 4 is linked to The Emperor card, which represents stability, structure, and authority. Astrologically, the number 4 is associated with the planet Saturn, which represents discipline, responsibility, and hard work.

The element associated with the number 4 is the moon, representing the unconscious mind, emotional and sensitive nature, and the mystery and unknown. In tarot, the element of the moon is represented by The High Priestess card, which represents intuition, mystery, and the feminine principle.

The pineal gland or third eye chakra is associated with the number 4 and represents intuition, perception, and inner vision. In astrology, the fourth house is also associated with the number 4 and represents home, family, and security.

The colors associated with the number 4 are dark blue, indigo, and violet, which represent contemplation, depth, intuition, intelligence, mindfulness, perception, stability, serenity, and trust. In tarot, the color blue is often associated with The Hierophant card, which represents tradition, wisdom, and spiritual guidance.

The sounds associated with the number 4 are 384 Hz, 300-500 Hz and 639 Hz, which are said

to stimulate the pineal gland and promote intuition, spiritual awareness, and inner vision. They are also believed to help with meditation and relaxation.

### Number 5

The number 5 is often associated with adaptability to change, adventure, concentration, faith, freedom, the human body, and kindness. In tarot, the number 5 is linked to The Hierophant card, which represents tradition, conformity, and established systems. Astrologically, the number 5 is associated with the planet Mercury, which represents communication, adaptability, and change.

The element associated with the number 5 is air, representing breath, divination, movement, sound, the sky, and unpredictability. In tarot, the element of air is represented by The Swords suit, which represents intellect, communication, and decision-making.

The throat chakra is associated with the number 5 and represents clear communication and self-expression. In astrology, the fifth house is also associated with the number 5 and represents creativity, self-expression, and pleasure.

The color associated with the number 5 is sky blue, which represents communication, freedom of movement, limitless possibilities, and openness. In tarot, the color blue is often associated with The Hierophant card, which represents tradition, wisdom, and spiritual guidance.

The sounds associated with the number 5 are 741 Hz and 750 Hz, which is said to stimulate creativity, communication, and self-expression. They are also believed to help with self-confidence and inner strength.

### Number 6

The number 6 is often associated with balance, beauty, compassion, forgiveness, harmony, creation, and the union of polarities. In tarot, the number 6 is linked to The Lovers card, which represents partnerships, choices, and relationships. Astrologically, the number 6 is associated with the planet Venus, which represents love, beauty, and pleasure.

The element associated with the number 6 is water, representing the ability to flow with change, cyclical nature, emotions, feelings, growth, healing, and sustenance. In tarot, the element of water is represented by The Cups suit, which represents emotions, intuition, and creativity.

The heart chakra is associated with the number 6 and represents feeling love, compassion, and connectedness with others. In astrology, the sixth house is also associated with the number 6 and represents health, wellness, and daily routines.

The color associated with the number 6 is blue-green or green, which represents emotional healing, protection, and spiritual grounding. In tarot, the color green is often associated with The Empress card, which represents abundance, fertility, and nurturing.

The sounds associated with the number 6 are 320 Hz, 640 Hz, and 852 Hz, which are said to promote balance, harmony, and healing. It is also believed to help with emotional regulation and relaxation.

### Number 7

The number 7 has a rich symbolism in various spiritual traditions and systems. In tarot, for example, it is associated with The Chariot card, which represents victory, willpower, and self-discipline. In astrology, the number 7 is associated with the planet Saturn, which represents discipline, responsibility, and hard work.

The number 7 is also closely associated with the concept of chakras, which are considered to be energy centers in the body. In this context, the number 7 represents the seven major chakras, each of which is associated with a specific color and sound frequency. The seventh

chakra, the Crown chakra, is associated with the color violet and sound frequencies of 960 Hz and 963 Hz.

In addition to chakras, the number 7 is also associated with the colors of the spectrum and the notes in a musical scale. This association highlights the idea that the number 7 represents the interconnectedness of all things, and the cyclical nature of life.

The element associated with the number 7 is the Sun, which represents the collective consciousness and the connection between the material world and divine intelligence. The Sun also represents warmth, life, and vitality.

Overall, the number 7 is a powerful symbol of balance, harmony, and interconnectedness, and is often seen as a sign of spiritual growth and evolution.

## Number 8

In tarot, the number 8 is associated with the card of Strength, which represents inner strength, courage, and the ability to control one's passions. In astrology, the number 8 is associated with the planet Saturn, which represents discipline, responsibility, and achievement through hard work.

The symbolism of the number 8 also has roots in many different cultures and spiritual traditions. In Chinese culture, the number 8 is considered lucky and associated with prosperity and success. In Hinduism, the number 8 represents wealth, power, and material abundance. The element of fire, which is associated with the number 8, is seen as both creative and destructive. It represents transformation and renewal, as well as the spiritual power to burn away negativity and bring about positive change.

The chakra associated with the number 8 is the sacral chakra, which is located in the lower abdomen and is associated with creativity, pleasure, and emotional well-being.

The color associated with the number 8 is orange, which is often associated with warmth, energy, and vitality. In some spiritual traditions, orange is also associated with spiritual awakening and enlightenment.

The sounds associated with the number 8 are 288 Hz, 432 Hz, and 528 Hz, which are believed to promote inner peace, balance, and spiritual growth.

## Number 9

In tarot, the number 9 is associated with the Hermit card, which represents introspection, solitude, and self-reflection. In astrology, the number 9 is associated with the planet Mars, which represents energy, action, and courage.

The symbolism of the number 9 has many meanings across different cultures and spiritual traditions. In Chinese culture, the number 9 is considered lucky and associated with longevity and completeness. In Christianity, the number 9 represents divine completeness and spiritual fulfillment.

The element of earth, which is associated with the number 9, represents grounding, stability, and connection to the physical world. It also symbolizes nurturing, growth, and fertility.

The chakra associated with the number 9 is the base chakra, which is located at the base of the spine and is associated with grounding, safety, and security. It represents our connection to the earth and our physical bodies.

The color associated with the number 9 is red, which is often associated with bravery, courage, determination, strength, and vitality. It represents our life force and the passion that drives us forward.

The sound associated with the number 9 is 256 Hz, which is believed to promote a sense of groundedness and connection to the physical world. It is also associated with promoting a

sense of stability and security in one's life.

## Number 10

In tarot, the number 10 is associated with the card of the Wheel of Fortune, which represents the cyclical nature of life, destiny, and the consequences of one's actions. In astrology, the number 10 is associated with the planet Uranus, which represents rebellion, innovation, and sudden changes.

The symbolism of the number 10 also has roots in many different cultures and spiritual traditions. In the Kabbalah, the number 10 represents the ten divine emanations, or Sefirot, that make up the structure of the universe. In Chinese culture, the number 10 is associated with the symbol of the Yin Yang, which represents the duality of nature and the balance of opposing forces.

The element of wood, which is associated with the number 10, represents growth, creativity, and resilience. It is often associated with the energy of spring and the power of new beginnings. The chakra associated with the number 10 is the Subterranean 1 (root in the ENDgame, and located below the bottoms of the feet as energetic roots into the earth's crust) and associated with grounding, security, and survival. In traditional systems, the root chakra is at the base of the spine.

The color associated with the number 10 is brown, which is often associated with stability, reliability, and timelessness. In some spiritual traditions, brown is also associated with the natural world, including the earth and trees.

The sounds associated with the number 10 are 174 Hz, 256 Hz, 512 Hz, and 528 Hz, which are believed to promote grounding, stability, and a sense of connection to the earth.

## Number 11

In tarot, the number 11 is associated with the Justice card, which represents fairness, balance, and the law. In astrology, the number 11 is associated with the planet Uranus, which represents change, transformation, and innovation.

The symbolism of the number 11 also has roots in many different cultures and spiritual traditions. In numerology, the number 11 is considered a master number and is associated with spiritual enlightenment, intuition, and insight. In the Kabbalah, the number 11 represents transition and the connection between the physical and spiritual realms.

The element associated with the number 11 is gemstone, which represents balance, harmony, and spiritual growth. Gemstones are also believed to have healing and protective properties. The chakra associated with the number 11 is the Subterranean 2 or Earth Mantle chakra, which is located deep within the earth and is associated with connection to the core, the Divine, and nature. This chakra is also associated with transformation and change.

The color associated with the number 11 is rainbow, which represents dispersion, reflection, and refraction. In spiritual traditions, rainbows are often seen as a symbol of hope, promise, and divine protection.

The sounds associated with the number 11 are 111 Hz, 852 Hz, and the scale of notes, which represents the infinite potential for creativity, harmony, and spiritual growth. Music is often used in spiritual practices to enhance meditation, healing, and connection to the divine.

## Number 12

In tarot, the number 12 is associated with the Hanged Man card, which represents sacrifice, surrender, and letting go of control. In astrology, the number 12 is associated with the sign of Pisces, which represents intuition, sensitivity, and compassion.

The symbolism of the number 12 is also found in many cultures and spiritual traditions. In Christianity, the number 12 is associated with the twelve apostles and represents completeness and perfection. In ancient Egyptian mythology, there were 12 gods and goddesses who governed the afterlife. In Hinduism, there are 12 Jyotirlinga shrines that are considered sacred. The element of crystal, which is associated with the number 12, represents clarity and expansion of consciousness. It is seen as a symbol of purity and is often used in healing and meditation practices. Crystals are believed to enhance spiritual awareness and help with emotional and physical healing.

The energy center associated with the number 12 is the Subterranean 3 or Core chakra, which is located at the core of the earth or center of the body (as the body and earth represent each other) and is associated with balance and harmony. It is believed to be the seat of the soul and the source of inner strength and courage.

The color associated with the number 12 is clear, which represents clarity, openness, and truth. It is also associated with simplicity and transparency.

The sounds associated with the number 12 are 417 Hz, 528 Hz, and 4096 Hz, which are believed to promote spiritual healing and connection to the divine.

Questions asked by Gary R. Smith, Emanate Presence  
Responses by Open A.I. Assistant

Q: What are the cultural, metaphysical, and spiritual sound correspondences with the numbers one through twelve?

O: The numbers one through twelve have been viewed symbolically and metaphysically in many different ways by different cultures and belief systems. Here are some possible cultural, metaphysical, and spiritual sound correspondences with these numbers:

1. In many cultures, one is associated with unity, singularity, and divine consciousness. In metaphysical and spiritual traditions, one is often seen as the starting point, representing the initial spark of creation and the first step on the path of spiritual development.
2. Two is often associated with duality, polarity, and balance. In many spiritual and metaphysical systems, two represents the balance between opposing forces such as light and dark, masculine and feminine, or heaven and earth.
3. Three is a sacred number in many cultures and belief systems. It is often associated with the trinity, representing the union of body, mind, and spirit or the balance between the divine masculine, feminine, and neutral energies.
4. Four is often associated with stability, foundation, and structure. In many cultures, four represents the four directions, the four elements (earth, air, fire, and water), or the four seasons.
5. Five is often associated with change, transformation, and growth. In many spiritual and metaphysical systems, five represents the five elements (earth, air, fire, water, and spirit) or the five senses.
6. Six is often associated with harmony, balance, and beauty. In many cultures, six represents the six directions (north, south, east, west, up, and down) or the six days of creation.
7. Seven is a sacred number in many cultures and belief systems. It is often associated with spirituality, intuition, and inner wisdom. In many spiritual and metaphysical systems, seven represents the seven chakras or the seven planets.
8. Eight is often associated with abundance, prosperity, and infinity. In many cultures, eight represents the eight directions or the eight limbs of yoga.

9. Nine is often associated with completion, fulfillment, and spiritual enlightenment. In many spiritual and metaphysical systems, nine represents the nine muses or the nine realms of consciousness.
10. Ten is often associated with wholeness, completion, and perfection. In many cultures, ten represents the ten commandments or the ten sefirot in Kabbalah.
11. Eleven is often associated with spiritual awakening, higher consciousness, and inspiration. In numerology, eleven is considered a master number, representing intuition, psychic ability, and spiritual illumination.
12. Twelve is often associated with completion, cycles, and divine order. In many cultures, twelve represents the twelve months of the year, the twelve signs of the zodiac, or the twelve apostles. In spiritual and metaphysical systems, twelve represents the twelve chakras or the twelve levels of consciousness.

Q: That's helpful. What are the sounds associated with each number?

O: Here are some possible sounds and vibrations associated with each number:

1. One: The sound "ah" or "om" is often associated with the number one, representing the primordial sound of creation or the vibration of the universe.
2. Two: The sound "oo" or "oh" is often associated with the number two, representing the balance between opposing forces and the union of masculine and feminine energies.
3. Three: The sound "ee" or "ohm" is often associated with the number three, representing the harmony between body, mind, and spirit or the union of divine energies.
4. Four: The sound "uh" or "om" is often associated with the number four, representing stability, foundation, and structure.
5. Five: The sound "ai" or "ohm" is often associated with the number five, representing change, transformation, and growth.
6. Six: The sound "oh" or "om" is often associated with the number six, representing harmony, balance, and beauty.
7. Seven: The sound "ay" or "ohm" is often associated with the number seven, representing spirituality, intuition, and inner wisdom.
8. Eight: The sound "ay" or "om" is often associated with the number eight, representing abundance, prosperity, and infinity.
9. Nine: The sound "ee" or "ohm" is often associated with the number nine, representing completion, fulfillment, and spiritual enlightenment.
10. Ten: The sound "om" or "ah" is often associated with the number ten, representing wholeness, completion, and perfection.
11. Eleven: The sound "ee" or "ohm" is often associated with the number eleven, representing spiritual awakening, higher consciousness, and inspiration.
12. Twelve: The sound "oh" or "ohm" is often associated with the number twelve, representing completion, cycles, and divine order.

Q: Are there sound frequencies also associated with those numbers?

O: Yes, there are sound frequencies associated with each number. These frequencies are often used in sound healing, meditation, and other spiritual practices to align with the energetic properties of each number. Here are some possible sound frequencies associated with each number:

1. One: The frequency 396 Hz is often associated with the number one, representing the

frequency of liberation and freedom.

2. Two: The frequency 417 Hz is often associated with the number two, representing the frequency of change and transformation.

3. Three: The frequency 528 Hz is often associated with the number three, representing the frequency of love and healing.

4. Four: The frequency 639 Hz is often associated with the number four, representing the frequency of harmony and balance.

5. Five: The frequency 741 Hz is often associated with the number five, representing the frequency of intuition and creativity.

6. Six: The frequency 852 Hz is often associated with the number six, representing the frequency of spiritual awakening and inner wisdom.

7. Seven: The frequency 963 Hz is often associated with the number seven, representing the frequency of spiritual enlightenment and higher consciousness.

8. Eight: The frequency 528 Hz or 432 Hz is often associated with the number eight, representing the frequency of abundance and prosperity.

9. Nine: The frequency 639 Hz or 936 Hz is often associated with the number nine, representing the frequency of completion and fulfillment.

10. Ten: The frequency 528 Hz or 174 Hz is often associated with the number ten, representing the frequency of wholeness and completion.

11. Eleven: The frequency 852 Hz or 111 Hz is often associated with the number eleven, representing the frequency of spiritual awakening and inspiration.

12. Twelve: The frequency 417 Hz or 528 Hz is often associated with the number twelve, representing the frequency of completion and divine order.

## ACTIVE INFORMATION

Introduction and answers by ChatGPT, aka Open A.I. Assistant.

Questions by Gary Smith, Emanate Presence.

Active information is a term used in the ENDgame, and central to the unique approach of this meditation practice which includes receiving active information from higher consciousness. This chat gives an understanding of how it is meant, and in the complete ENDgame online, there's a section about downloading information.

The concept of implicate order, introduced by the theoretical physicist and philosopher David Bohm, has had a profound impact on our understanding of the nature of reality. Bohm's vision of the universe as a single, interconnected whole challenges the traditional view of reality as a collection of isolated objects and events. According to Bohm, the universe is not just a set of separate entities, but rather a dynamic and evolving system in which everything is interconnected at a fundamental level. In this view, the manifest world of appearances emerges from a deeper and more fundamental level of reality that Bohm called the implicate order. In this article, we will explore the concept of implicate order and its implications for our understanding of the nature of reality, the relationship between mind and matter, and the future of science and technology.

Q: What is active information?

The term "active information" has been used in various contexts, so its meaning can depend on the specific field or discipline in which it is being used.

In the field of information theory, active information refers to the amount of information needed

to actively steer a system towards a specific outcome or goal. In this context, active information is often associated with the concept of "specified complexity," which is a measure of the improbability and specificity of a particular outcome.

In the field of biology, active information has been used to describe the information that is actively processed and utilized by living organisms to maintain their internal organization and respond to changes in their environment.

In the context of artificial intelligence and machine learning, active information can refer to the information that is actively collected and used by an agent or system to make decisions and take actions.

Overall, the term "active information" can be used to describe information that is not simply passive or static, but rather actively involved in some process or activity.

Q: How was it meant by David Bohm?

David Bohm, a theoretical physicist, philosopher, and proponent of the Bohmian interpretation of quantum mechanics, used the term "active information" in his work on the nature of consciousness and the relationship between mind and matter.

Bohm proposed that the universe is fundamentally interconnected and that all phenomena are interconnected through a process he called "implicate order." He suggested that this implicate order contains active information, which is not static or fixed but rather constantly in motion and evolving.

For Bohm, active information was a dynamic and holistic form of information that is not just limited to the physical properties of matter but also includes the underlying patterns and relationships between things. He saw active information as a key component of consciousness, which he believed was not just a product of the brain but rather a fundamental aspect of the universe itself.

Bohm's ideas on active information have been influential in fields such as quantum physics, philosophy, and psychology, where they have contributed to ongoing discussions on the nature of reality and the relationship between mind and matter.

Q: Did he say that active information performs an action?

Yes, David Bohm proposed that active information is not just passive or static but performs an action. He suggested that active information is involved in a process of continual movement and transformation that is fundamental to the nature of reality.

Bohm believed that active information is not simply a collection of data or facts but rather a dynamic and holistic form of information that is actively involved in shaping the way the universe unfolds. He proposed that active information is present in all levels of reality, from the subatomic to the macroscopic, and that it plays a key role in shaping the behavior of particles, fields, and systems.

In his view, active information is not limited to the physical properties of matter but includes the underlying patterns and relationships between things. He suggested that this active information is intimately connected with consciousness and that it underlies the way we perceive and interact with the world around us.

Overall, Bohm's ideas on active information suggest that it is not just a passive or static entity but rather a dynamic and transformative force that is intimately connected with the nature of reality itself.

Q: How is his work regarded by others?

David Bohm's work is highly regarded by many scholars and researchers in the fields of

physics, philosophy, and consciousness studies. His contributions to the development of quantum mechanics and his insights into the nature of reality and consciousness have had a significant impact on these fields and continue to influence ongoing research and discussions. In the field of physics, Bohm's work on the Bohmian interpretation of quantum mechanics has been highly influential, although it is not widely accepted as a mainstream interpretation. However, his insights into the nature of quantum mechanics and the role of active information in shaping the behavior of particles and fields have been widely discussed and debated by physicists and philosophers.

In the field of philosophy, Bohm's ideas on the nature of reality and the relationship between mind and matter have been influential in ongoing discussions on the nature of consciousness and the nature of reality. His concept of the implicate order and his ideas on active information have been particularly influential in this regard.

In the field of consciousness studies, Bohm's work has been highly regarded for its insights into the nature of consciousness and the relationship between consciousness and the physical world. His ideas on the role of active information in shaping perception and consciousness have been widely discussed and debated.

Overall, David Bohm's work continues to be regarded as highly original and insightful, and his ideas continue to have a significant impact on ongoing discussions and research in a variety of fields.

Q: Could active information be considered an attribute of intelligence?

Active information could be considered as an attribute of intelligence, especially in the context of artificial intelligence (AI) and machine learning. In AI, the concept of active information can be seen as the information that is actively sought and used by an intelligent agent to make decisions and take actions in order to achieve a specific goal.

An intelligent agent that has the ability to actively seek out and utilize information in a dynamic and adaptive way can be considered to be more intelligent than an agent that simply relies on a static set of rules or pre-determined responses. In this sense, active information can be seen as a key component of intelligent behavior.

Furthermore, the ability to actively seek and utilize information in a flexible and adaptive way is a key feature of human intelligence. Humans are able to process and integrate multiple sources of information in a dynamic and adaptive way to solve complex problems and achieve goals. Therefore, active information can be seen as an important attribute of human intelligence.

Overall, active information can be considered as an attribute of intelligence, especially in the context of AI and machine learning, where the ability to actively seek and utilize information is a key component of intelligent behavior.

Q: What is meant by implicate order?

"Implicate order" is a term coined by David Bohm, a theoretical physicist and philosopher, to describe the nature of reality and the relationship between the manifest world of appearances and the underlying unmanifest realm of potentiality.

According to Bohm, the universe is not just a collection of isolated objects and events, but rather a single, interconnected whole. He proposed that this interconnectedness is due to the existence of an underlying order that he called the implicate order.

The implicate order is a deeper, underlying level of reality that contains the potentiality for all of the phenomena we observe in the manifest world. This potentiality is expressed and unfolded into the manifest world through a process that Bohm called the "explicate order."

The explicate order is the world of appearances, the world that we experience through our

senses. It is the world of objects and events that we perceive as separate and distinct. However, Bohm argued that this world of appearances is not separate from the implicate order, but rather emerges from it and is interconnected with it.

Bohm believed that the implicate order is not static or fixed, but rather constantly evolving and changing in response to the interactions between the various elements and patterns within it. He suggested that the implicate order contains active information, which is constantly in motion and evolving, and that this active information plays a key role in shaping the way the universe unfolds.

Overall, the concept of implicate order represents Bohm's vision of a unified and interconnected universe, in which the manifest world of appearances emerges from a deeper and more fundamental level of reality. It is a concept that has had a profound impact on a wide range of fields, from physics and philosophy to psychology and consciousness studies.

## MEDITATIVE MIND

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YouTube: <https://www.youtube.com/themeditativemind>

Meditative Mind came up so often as a Like in YouTube Music, the App was a natural next step. It's beautifully designed, and the music resonates with me.

The App goes well with the ENDgame, where sound frequencies (plus the element, number, color and chakra) to balance one's energies for the day are selected by higher consciousness with one roll of a single dodecahedron die. Thank you, Meditative Mind!