

BEING A WHOLE HUMAN

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QUESTIONS

12/28/2020

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A young man responded to my post ('Progress') with

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the question, "I have been hearing this awakening ...
What's the actual meaning?"

Through dialogue, our awareness expanded. Reader comments are elicited, not only in the usual sense, but also to build upon my answer to another of Daniel's questions, "So is there anyway to be spiritually awakened? I mean, how to develop that?"

On the FB post:

Daniel

I have been hearing this awakening ... What's the actual meaning?

Gary

To me, the awakening refers to ever expanding awareness.

Daniel

How can you do that...I'm a novice

Gary

Your FB profile indicates you are a bright young man. You question, and consider. You process thoughtfully and with intelligence. There is not much I can tell you that you would not realize from a lifetime of experience.

Also, whatever anyone tells you can only be from their limited perspective. None of us has the whole picture.

From my lifetime, I've learned many things that I did not know at your age. The journey would clearly have been much smoother if I had been more aware.

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Whereas before, gaining knowledge and the quest for Truth drove and motivated me, now expanding awareness has taken their place.

I started by dropping pre-conceived ideas and knowing that I know nothing. I know what I need to know, when I need to know it.

I dropped anger, judgment, fear. They are barriers to expanding awareness. My strength comes from knowing who I am, and when all else fails, that's all I need to know.

Expanding awareness is a journey without destination. Keep working down the walls that separate you in your mind from your True Self. Accept responsibility for your own journey. That at least is a start.

On Messenger

Daniel

Hello sir, good evening from this side
Put me through base in that post in that group

Gary

You wrote, 'Put me through base in that post in that group'

What does that mean?

Yes, good afternoon. 🌍

Daniel

I just wanna know what awakening is all about.

Gary

Sometimes a dictionary definition can help:

a·wak·en·ing

/ə'wāk(ə)niNG/

1. an act of waking from sleep.

"since my awakening I had realized it was a very special day"

2. an act or moment of becoming suddenly aware of something.

"the war came as a rude awakening to the hardships of life"

• coming into existence or awareness.

"his awakening desire"

• rousing; quickening:

an awakening interest in ballet.

• a revival of interest or attention.

a recognition, realization, or coming into awareness of something

Do any of those apply to your current understanding of awakening?

Daniel

Yes, second definition

Gary

What examples can you give of that type of awakening?

Daniel

An act or moment of becoming suddenly aware of something

Let's say, getting some signs in dreams about the future can make one to be suddenly aware and prepared for the upcoming

Gary

Nice. Well, I'd say that such dreams can be part of the awakening, because they indicate connection with a deeper aspect of oneself.

But, what is a spiritual awakening, awakening to?

Daniel

I don't have any idea on that spiritual aspect

Gary

The type of awakening we are talking about is first spiritual.

It is an awakening to one's true identity.

In the pic on your profile (with men at a Monopoly game board, supported by kneeling humans underneath) where are you?

Daniel

Humanity lies at the lowest part. I guess that's where I am

Gary

The awakening brings realization that you are not in this scene, but an observer of it.

You are only a  pawn in the game if you stay attached to that identity.

Daniel

You are more than right 😊 that's true

So is there anyway to be spiritually awakened.

I mean how to develop that

Gary

Can you feel that behind the scenes, there is one consciousness?

The same pure consciousness is in the controllers and the controlled.

That cosmos of consciousness (the One Being) is everywhere.

There is only apparent separation. Each of us gives the One Being an experience of individuality.

Individuality means 'in divine duality', and duality is contrast.

When we awaken to our true identity, we are no longer pawns under the game board. That false identity is only in our minds.

You asked, 'So is there anyway to be spiritually awakened.'

Yes, there are many ways, and it can be a challenging and joyful journey.

I go for a walk soon, but leave you for now with the words that help me break down the walls of separation in my mind, and realize who I actually am.

Will send in a moment....

These words are all caps because I had them engraved into ID tags to carry with me everywhere. I have used various versions, this is the latest:

I AM THE ONE BEING,
PRESENT AND AWARE,
MOVING YET UNMOVED,
IN DIVINE DUALITY.

I AM THE CONTINUUM,
ALLTHATIS AND ISNOT,
FEELING WHATIS NOW,
MOVED BY THE ONE.

Daniel

So the truth is that the controllers have found there
true self while the controlled have yet to be awake
What does that last paragraph mean, I don't
understand it

Gary

'So the truth is that the controllers have found there
true self while the controlled have yet to be awake'
Well, I cannot say what is right or wrong. From my
view, both the controllers and the controlled are
deeply lost in the illusion of separation.
An indication of awakening is being neither controller
nor controlled.

Daniel

Okay it's midnight here.
I'll sleep now

Gary

'What does that last paragraph mean, I don't
understand it'

I AM THE CONTINUUM,
ALLTHATIS AND ISNOT,
FEELING WHATIS NOW,
MOVED BY THE ONE.

The 'outer' **Flow of Life** is the apparent separation of objects and events, made into comprehensible order by our brains -- everyday reality.

The 'inner' **Probability Void** is what lies beyond our sensory perceptions, the fuzzy state of probabilities predicted by quantum physics.

The apparent **'I'** is the border between outer and inner.

There is no outer and inner, that is also an illusion. All boundaries that apparently separate, such as as between objects and events and from the oneness of all, are an illusion. The apparent **'I'** separates me from the 'other', and is not real. When I am aware that self is non-existent, personal pronouns can still be useful in communication.

The **continuum** is the *unified* 'outer' **Flow of Life** and 'inner' **Probability Void**, which can be experienced when one is sufficiently awakened. At this expansion of awareness, there is no sense of separation.

AllThatIs is a universal view of the flow of life. It includes everything manifested that can be perceived and imagined. It is non-specific, so while aware of apparently disparate objects, its focus remains all inclusive.

AndIsNot, sometimes called NoneThatIs, refers to the unmanifest states of probabilities. It is the no-thing, the Void.

'AllThatIs and IsNot' points to the contrasts of duality.

Only in duality can there be contrasts.

Only in duality can there be individuality.

In the Unified Continuum, the apparent separation between AllThatIs and IsNot has dissolved.

Awakening expands awareness from 'duality reality' to the 'Unified Continuum', while remaining aware of both.

The One Being, also called by other names such as Source, True Self, the Unmoved Mover, and the Cosmos of Consciousness, is the intelligent designer of Nature and our holographic playground.

The apparent 'I' gives the One Being an experience of individuality.

The One Being is the True Self of All.

As an apparent individual,

I AM THE ONE BEING,
MOVING YET UNMOVED,

and

I AM THE CONTINUUM,
MOVED BY THE ONE.

The way of the awakening is not over the intellect or

emotions, it over intuitive feeling, an innate and latent human sense which can be cultivated:

FEELING WHAT IS NOW.

As my awakening progresses, I can experience myself as an individual in the Flow of Life, as the One Being, or at some stage in between.

Daniel, we can talk further another time, if you like.
Good dreams.

[sent I AM image]

Daniel

Yes I like it

Yes that's true (referring to I AM image.)

So how do you know that someone has awakened or you are awake?

Don't be annoyed, I'm a student, that's why I ask a lot of questions

Gary

Daniel, Your questions are enjoyed and appreciated.

Would you be ok if I turn our conversation into a post on the Whole Human blog?

Others may benefit from it as well.

SELF-INQUIRY

How can a person awaken?

1. Self reflection and inquiry.

Keep a journal, and keep going deeper.

Get the answers from intuitive feeling when possible.

Ask yourself:

What is reality?

What about reality is not real?

If reality is an illusion of the mind and senses, what is the actuality?

Can I feel the actuality, beyond the mind and senses?

Who am I, in reality?

Who am I, in actuality?

Why am I here, in reality?

Why am I here, in actuality?

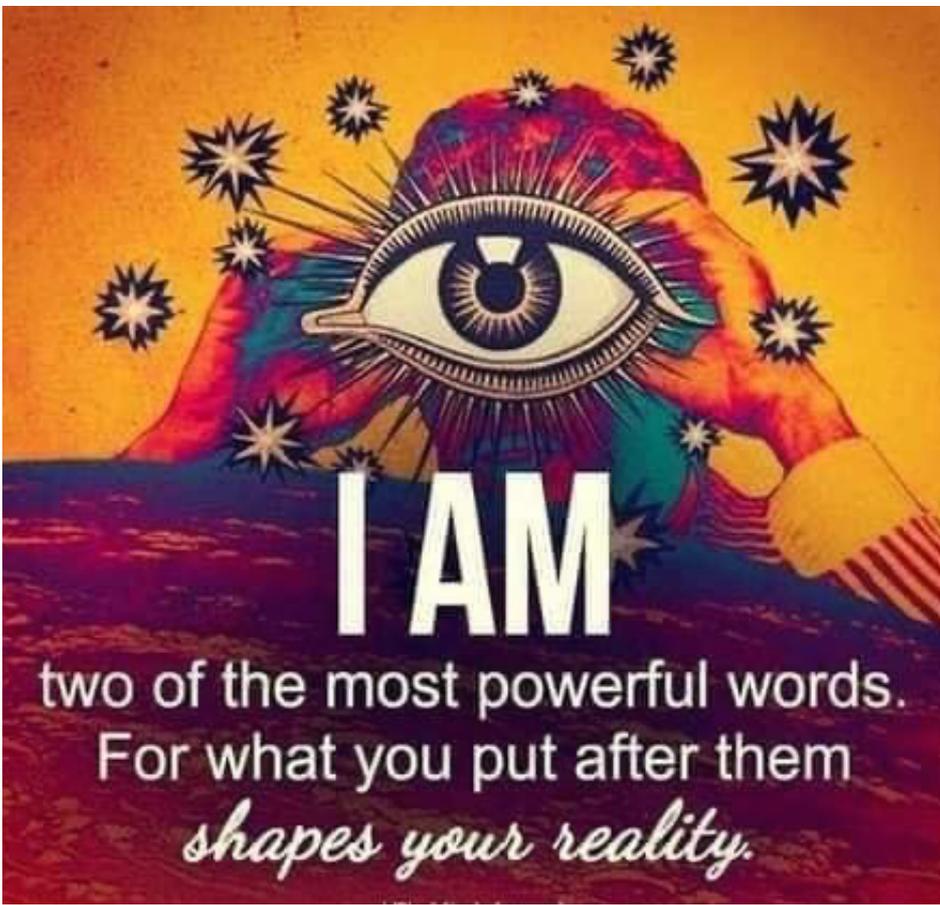
While awakening, what is my awareness expanding towards?

What are the signposts of my awakening, to know it is real and actual?

Francois Bronn

Dimensions are not places or locations; they're levels of consciousness that vibrate at a certain rate. Each dimension vibrate at a higher rate than the one below it. In each higher dimension, there exist a clearer, wider perspective of reality, a greater level of knowing. We experience more freedom, greater power & more opportunity to Create our reality.

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