

BLOG POST- EMBODIED PEACE, V17G (AN EMANATE PRESENCE VARIATION)

However I may imagine the 'Beyond' to be, it's not. My conception may not even be an approximation of the actual. I have no interest in the accuracy of such things, rather in the experience of constant felt connection with Source in a substantial way, whatever that means. If focus on divine light or eternal flame helps in this regard, so be it. The only real measure of its efficacy is in the quality of my actions in daily life.

This version of the 'Embodied Peace' meditation/mantra/invocation is designed to go together with candlelight contemplation and the consecration of elemental dice (pictured below).

The practice sharpens discernment of the divine will in oneself, and strengthens felt connection with this highest (most complete) aspect of consciousness.

The text below is for it's recording by Voice Dream Reader, a natural voice synthesizer.

BLOG POST: <https://www.wholehuman.emanatepresence.com/blog/an>

WEBPAGE: <https://www.wholehuman.emanatepresence.com/embodied.html>

YOUTUBE: <https://youtu.be/bXK0Ea1f3sM>

This version of the 'Embodied Peace' meditation/mantra/invocation is designed to go together with candlelight contemplation and the consecration of elemental dice (pictured below) for discerning the divine will in oneself.

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EMBODIED PEACE, VERSION 17G.

By Emanate Presence.

Eternal flame, bright and true.

Beam your light, and guide me through.

The shadows, and the darkness deep.

My mind, in peace, and presence, keep.

Pause for a moment of silence, breathe deeply, and focus on Present moment, peaceful mind. Present moment, peaceful mind.

All that exists, seen and unseen, is a spectrum of frequencies, of waves and patterns. I am here to experience, realize, and embody the full spectrum, and return to the one light.

The elements – earth, air, water, fire, and ether – as geometric energies, can be a bridge and focal point, to center, and balance myself in this timeline. Consciously, we are resetting to the original blueprint, of harmony and equilibrium.

To the elements, I say:

EARTH: Anchor, and ground me, in the Present Moment, my body.

AIR: Clear and reduce my thinking, releasing tension with each breath.

WATER: Calm my emotions, be still, and return me to a Peaceful Mind.

FIRE: Purify and transform my whole human being, to my essence, love for love itself.

AETHER: Awaken my consciousness, to the most complete perspective possible.

'Hereby I consecrate these forms, as representations of the essence underlying the elements, and dedicate them to my embodiment of peace, ever-expanding awareness, and interpretation of the divine will, the highest wisdom for my life, from the most complete perspective of consciousness.'

I am not a drop in the ocean, but have lived, as though. I am the ocean in a drop, and like to live this way.

And then I ask, 'for this day, what is the message of highest self/non-self, to me.'

O, Solar Logos: align, attune, and synchronize the neuro-me; with you, my highest Self. Raise the neuro-me, including my brain and nervous system, to ever higher and more complete frequencies.

Flood the cells of my body, with the present moment, and a peaceful mind.

My brain: the neuro-me, my human interface with the world. Yield to a higher, more complete, perspective, and consciousness; and know deeply, who you are. As we align our frequencies, we are one. The human interface, the soul, and the Godself.

Therefore, Neuro-me: synchronize, with the Solar Logos, that is:

The Christ Consciousness.

The Central Sun.

The Source, I Am.

The Highest Self, Non Self.

The Unmoved Mover.

The Heart, of the Whole Human Being.

Let go of stress, anxiety, and tension.

Let go of judging, criticizing and labeling.

Let go of blockages, and let healing energy flow.

Let go of fear, and choose trust instead.

Let go of thinking, and choose the present moment, instead.

Let go of resistance, and choose acceptance instead.

Let it go, let it flow, and let it be.

Be calm, confident, and compassionate.

Be balanced, in harmony, and neutral.

Be the Essence, of Joy.
Be grateful, for what is.
Be guided, by the inner compass.
Be present, to the moment.
Be in service, to love, for love itself.
Be in constant felt connection, with divine intelligence.
Be in constant felt connection, with the One Being.
Be free from mental wanting.

Rest in the innate Perfection.
Rest, in the Zero Point, of Being.
Rest, in the calmness, of Surrender.
Rest, in the Stillness.

Breathe in, the Light of Source,
Through the center of the heart.
Allow the Light, to expand;
Throughout the body, and beyond;
In one unified field, of Divine Light.
Feel, the Presence of the Light;
and know deeply, who you are.

Breathe out the Presence, of Divine Light.
Radiate the Light, from the unified field,
and feel connection with the One Being, throughout the day.
Abide in the Source, and Sustenance, of life.

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and feel connection with the One Being, throughout the day.
Abide in the Source, and Sustenance, of life.

Be, the presence of Light.
Be, the essence of Light.
Be, the radiance of Light.

I am, the Divine Light. I am, the Eternal Flame.

So it is, so let it be.

A perspective can only be as complete as the awareness is expanded. Living from inner peace with more expanded awareness and rounded perspectives, beyond stories of conditioning, is my primary quest. I cannot say what is the benefit of this for anyone's life, as each of us does with what's given us as we will.

In one stage of my life, gaining knowledge was my primary focus. In another, hunger for experience motivated me. Now, inner peace strong enough to withstand all daily storms is pre-

eminent.

Calmness is one thing, stillness another, when measured as brain signals. Inner peace is something else entirely when measured by one's reaction or response to triggering stimuli. One who is truly peaceful (not just trained, conditioned or masked to appear so) in the midst of the most trying circumstances has embodied peace. The anchor of such a one is constant felt connection with Source.

Intellectual peace is empty and meaningless, social peace superficial, and peace activism a contradiction of terms (fighting for peace). Embodied peace, however, is the single thing most needed by humanity to advance, as whole human beings.

My views have developed over a lifetime and are informed by experience and the unique perspectives of an Asperger's brain. Sources which contribute to 'Embodied Peace', mentioned on the website in other places, are wide-ranging.

For example, I have read from the Nag Hammadi scrolls in 'A New New Testament' (blog post) and also am moved and inspired by 'The Chosen' series* with a more traditional outlook.

To me, God/Goddess is an abstract concept. When personalized, the mental fabrication forms into belief and dogma. God is real, but not as humans suppose. Apparent separation from God by religion is a function of neurology and conditioning. Faith reaches beyond appearances and sees that in truth, supported by plasma physics, We are One Being.