

BEING A WHOLE HUMAN

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VALUE

7/7/2020

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Old world says,
'To be of value,
show your value.'

New earth says,
'To be of value,
know your value.'

*In the middle of last night,
I awakened from a dream
and remembered these words
spoken,*

*'Social programming tells you,
to be of value, you must show
your value.'*

How is one's value shown?

School grades,
Social media Likes,
image and appearance,
Employee of the Month,

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MVP, VIP, honors, resumes,
degrees, awards, distinctions,
achievement, accomplishment....

**What are the measures
of this value?**

Status,
Attention,
Recognition,
Acknowledgement....

How is one's value known?

Openness of heart,
Quality of actions,
Expansion of awareness,
Progress of the soul....

**What are the measures
of this value?**

(If it needs measuring.)

Am I present, that is, *with* what I am doing?

Are my awareness, and my heart, open to my
surroundings and interactions?

Have I extended the boundaries of my awareness
beyond old patterns and mental frameworks?

Have I felt my merkaba, the Present Moment Sphere,
over the day?

When something 'hits' me, do I respond with
equanimity?

Do I stay relaxed through the challenges and triggers
of the day?

Have I quickly calmed fears or turbulent emotions,
that have arisen in me?

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Have I kept my thoughts aligned with being a
conscious creator?

Am I balanced and peaceful within?

Am I being a free flow of energy, that is, love for love
itself?



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